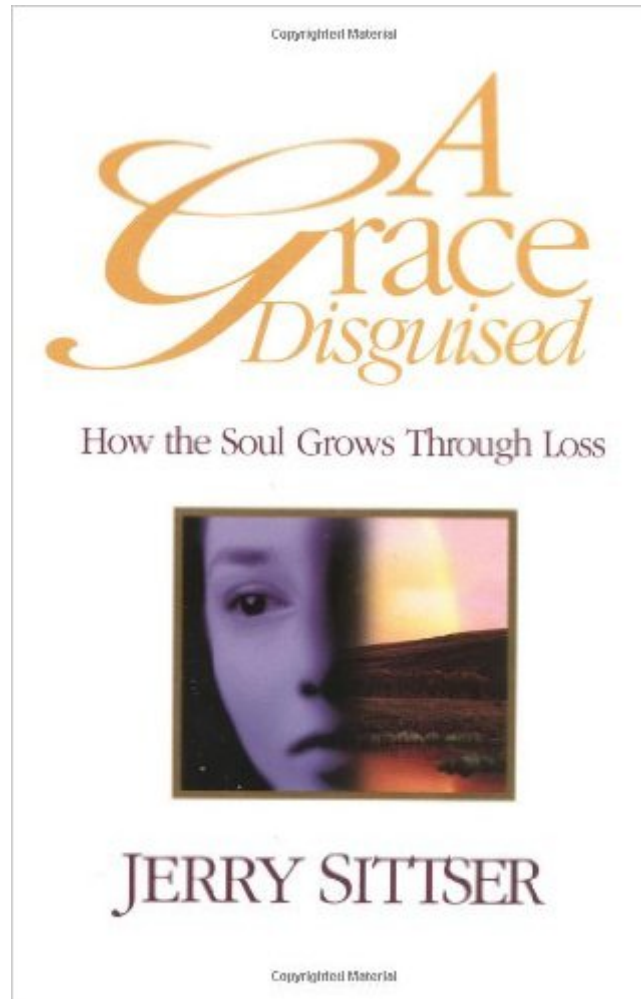


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# A Grace Disguised: How The Soul Grows Through Loss



## Synopsis

Loss came suddenly for Gerald Sittser. In an instant, a tragic accident claimed three generations of his family: his mother, his wife, and his young daughter. While most of us will not experience loss in such a catastrophic form, all of us will taste it. And we can, if we choose, know as well the grace that transforms it. *A Grace Disguised* plumbs the depths of our sorrows, whether due to illness, divorce, or the loss of someone we love. The circumstances are not important; what we do with those circumstances is. In coming to the end of ourselves, we can come to the beginning of a new life -- one marked by spiritual depth, joy, compassion, and a deeper appreciation of simple blessings.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (72 customer reviews)

Best Sellers Rank: #258,666 in Books (See Top 100 in Books) #18 in [Books > Christian Books & Bibles > Christian Denominations & Sects > Protestantism > Inspirational](#) #486 in [Books > Self-Help > Death & Grief > Grief & Bereavement](#) #11178 in [Books > Parenting & Relationships](#)

## Customer Reviews

Gerald Sittser's book is among the best I have ever read for those who are struggling with a great loss in life. He speaks from terrible experience. He lost his wife, mother and a daughter in a single automobile accident. From his own experience of the pain and suffering that follows he draws out a meaningful perspective applicable to the universal experience of human suffering. Without diminishing the pain and evil that suffering inflicts and represents, Sittser helps us make sense of suffering in the context of the Christian faith. He does so with honesty and clarity. Suffering can provide an opportunity for spiritual growth and strengthening of character. We all have that choice available to us. Sittser rejects the notion of "recovery" from catastrophic loss. Such a loss can not be recovered from if that means that we will be the same as before. We will never get over it. Instead, following Victor Frankl's example, he insists that we must find some meaning in suffering. Our souls must be enlarged by it to help us transcend the experience and integrate it into our lives if we are

not to be crushed by it instead. He is an able guide to the avenue that the Christian faith provides for this. The book has a good chapter on the futility of comparing one person's loss to another. He shows that there is no point in deciding whose serious, irretrievable loss is worse than another's. Each experience of loss is unique because each person is unique. Sittser doesn't minimize the problems that Christian faith presents in suffering. He has been through the dark tunnel of wondering why this accident happened to him and what God's interest, or lack thereof, is in his suffering.

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